

## **Facilitation**

### Course outline

#### **Audience**

The course is for individuals and managers who want to develop their facilitation skills so as to achieve the best outcomes from events that they are responsible for delivering.

#### **Duration**

One day

#### **Objectives**

Facilitation is about providing the setting, the atmosphere, the mood and the tools that will enable two or more people to productively think through whatever they have set out to do.

Delegates on the RiverRhee Facilitation course will learn how to set up and manage the conditions for delivering the best outcomes for events that they are responsible for supporting.

The aims of the course are to:

- Build the delegates' skills for understanding and responding to the sponsor's brief (where the sponsor could be their manager, a member of the senior leadership team or anyone else).
- Identify what to plan for to ensure that the venue for events has everything that is needed, as well as how to deal with some of the unexpected conditions that might arise.
- Prepare delegates for the various emotions and dynamics that might occur on the day.
- Develop the delegates' knowledge and skills in a range of tools for facilitating participants' thinking.
- Help delegates develop strategies for managing their own energy, thinking and emotions as facilitators.

#### **Content**

The content of the course will address each of the learning aims in turn. It will combine short presentations with discussions and interactive exercises.

Delegates will be encouraged to use any upcoming events and any challenges that they are experiencing as the basis for their reflection and work during the course.

At the end of the course they will be given time to develop individual action plans for applying their learning from the course.

#### **Availability and cost**

Please get in touch with the training provider at [info@riverrhee.com](mailto:info@riverrhee.com), tel +44 (0) 7876 130 817